

Work, power, energy and machine advantage

Calculate mechanical advantage and convert commercial electrical units to joules

• **Machines, power and energy units**

◆ **Mechanical advantage (MA)**

- Mechanical advantage $MA = \text{Load (L)} \div \text{Effort (E)}$; it has no unit as newtons cancel.
- Worked example: lifting a 200 N load with a 50 N effort gives $MA = 200 \div 50 = 4$.
- $MA > 1$ means the machine multiplies force; $MA < 1$ trades force for speed or range.

○ **Work and conservation of energy**

- Work $W = F \times d \cos \theta$; SI unit is the joule ($1 \text{ J} = 1 \text{ N} \times 1 \text{ m}$).
- In an unpowered machine with no stored-energy release, output work cannot exceed input work.
- For an ideal machine, a fourfold force gain needs fourfold effort distance.

◇ **Power: rate of doing work**

- Power $P = \text{Work} \div \text{time} = \text{Energy} \div \text{time}$; SI unit is the watt ($1 \text{ W} = 1 \text{ J s}^{-1}$).
- 1 kilowatt = 1000 watts = 1000 joules per second.
- Do not confuse power (rate of use) with energy (power $\times$ time).

□ **Kilowatt-hour (kWh) to joules**

- 1 kWh is the energy used by a 1 kW device running for 1 hour (3600 seconds).
- Conversion: $1 \text{ kWh} = 1000 \text{ W} \times 3600 \text{ s} = 3,600,000 \text{ J} = 3.6 \times 10^6 \text{ J}$.
- Electricity consumption is commonly billed in units of 1 kWh.

REMEMBER Mechanical advantage is Load $\div$ Effort ($200 \text{ N} \div 50 \text{ N} = 4$), and 1 kWh is a unit of energy equal to $3.6 \times 10^6 \text{ J}$.